



Collaborative on Health and the Environment - Washington



Biweekly Bulletin June 29, 2011

This bulletin lists upcoming events plus recent announcements, news and journal articles, calls for proposals and other items related to learning environmental contributors to human health in Washington State and the Pacific Northwest. They are archived and searchable on our website: <http://washington.chenw.org/bulletins.html>

CHE-Washington Highlights

Toxicant and Disease Database Updated

The Collaborative on Health and the Environment has just completed an update of our popular Toxicant and Disease Database, adding new information from several sources, including the International Agency for Research on Cancer (IARC); the National Toxicology Program; and California's Office of Environmental Health Hazard Assessment (OEHHA), which administers the Proposition 65 program. [Visit the database.](#)

Lessons Learned

Nuclear Weapons - Use and Testing: Was It Necessary? by Steven G. Gilbert, PhD, DABT

"Today I can declare my hope and declare it from the bottom of my heart that we will eventually see the time when that number of nuclear weapons is down to zero and the world is a much better place." - Colin Powell

"I call upon the scientific community in our country, those who gave us nuclear weapons, to turn their great talents now to the cause of mankind and world peace." - Ronald Reagan

One of the gravest threats to future generations and life as we know it is nuclear weapons. The development of nuclear weapons was an unprecedented scientific achievement that ultimately resulted in extensive human and environmental costs.

July and August are critical months in the history of the use and control of nuclear weapons. The first nuclear weapons test of an atomic bomb was code named Trinity and occurred on July 16, 1945, at the White Sands Proving Ground near Socorro, New Mexico. Toward the end of World War II, the US deployed two nuclear weapons on the people of Japan. On August 6, 1945, a uranium device code-named "Little Boy" was detonated over the city of Hiroshima, and on August 9, a plutonium device code-named "Fat Man" was exploded over Nagasaki. These nuclear explosions resulted in the deaths of approximately 200,000 Japanese people -- mostly civilians -- from acute injuries sustained from the explosions. Much of the cities were also destroyed. The ethics and necessity of using these weapons of mass destruction continues to be debated.



Trinity test July 16,
1945

Since the first three nuclear explosions, there have been more than 2,000 nuclear weapons tests worldwide by eight countries, with the majority by the US (1,054, many at the



US nuclear test April
18, 1953

Nevada Test Site near Las Vegas) and the Soviet Union (715). Finally, recognizing the harm that radioactive fallout and contamination were causing, the Limited Test Ban Treaty was signed on August 5, 1963, to end the testing of nuclear weapons in the atmosphere or under water. The treaty permitted underground nuclear testing. Underground nuclear weapons testing stopped in the 1990s: in the Soviet Union in 1990, the United Kingdom in 1991, the United States in 1992, and both China and France in 1996. The Comprehensive Test Ban Treaty was signed in 1996 (which as of 2011 has not yet

entered into force).

Unfortunately, acquiring nuclear weapons or the use of nuclear power has remained the goal of many countries. In an effort to control the spread of nuclear technology and weapons, the Treaty on the Non-proliferation of Nuclear Weapons (NPT) was signed July 1, 1968. The NPT consists of three "pillars": non-proliferation, disarmament, and the right to peacefully use nuclear technology. The treaty came into force on March 5, 1970, and currently there are 189 states party to the treaty. Five countries are recognized as nuclear weapon states: the United States, Russia, the United Kingdom, France and China. In addition, there are India, Pakistan and North Korea which have openly tested and declared that they possess nuclear weapons, and Israel which has yet to acknowledge its nuclear weapons program. North Korea, after violating the treaty, withdrew from it in 2003.

Nuclear power facilities also represent a risk for radiation exposure as evident from Three Mile Island, Chernobyl, and now Fukushima, Japan. Once again we are confronted with the fact that children are not little adults and are more vulnerable to radiation exposure than adults. We have an ethical responsibility to ensure that our children can reach and maintain their full potential, free of the threat of nuclear weapons or radiation exposure.

Nuclear Non-Proliferation Treaty at Toxipedia: <http://toxipedia.org/x/hKRb>
Washington Nuclear Museum and Education Center (WANMEC): www.wanmec.org

Looking back to go forward

Lessons Learned is a bulletin feature focusing on an historical event that provides an important lesson for ensuring a more sustainable and healthy environment. Please feel free to send suggestions to [Steve Gilbert](mailto:Steve.Gilbert@che.wa.gov).

Past Lessons Learned: <http://toxipedia.org/x/06Jb>

Announcements

A daily news feed with articles and announcements is available on CHE's website: <http://www.healthandenvironment.org/news/announce>.

[Report release -- Early Childhood Obesity Prevention Policies.](#)

A new IOM report, Early Childhood Obesity Prevention Policies, was publicly released on June 23, 2011. An audio recording is available of the briefing that was held in the National Press Club.

[Partnership for Sustainable Communities website.](#)

Three federal agencies came together to create the Partnership for Sustainable Communities to help places around the country develop in more environmentally and economically sustainable ways. The website provides information and resources.

[New report: National Prevention Strategy.](#)

The National Prevention, Health Promotion, and Public Health Council, announced the

release of the National Prevention Strategy, a comprehensive plan that will help increase the number of Americans who are healthy at every stage of life.

[EPA improves access to information on hundreds of chemicals.](#)

EPA is releasing two databases -- the Toxicity Forecaster database (ToxCastDB) and a database of chemical exposure studies (ExpoCastDB) -- that scientists and the public can use to access chemical toxicity and exposure data.

[Call for proposals: Susan Harwood Training Grant Program.](#)

Grants are awarded to provide training and education programs for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in the workplace, and to inform workers of their rights and employers of their responsibilities under the Occupational Safety and Health (OSH) Act. The deadline is July 20th.

[Call for proposals: Capacity Building for Sustainable Communities.](#)

Grant recipients will work to strengthen the capacity of existing grantees from each agency to create more housing choices, make transportation more efficient and reliable, and support vibrant and healthy neighborhoods for American families. Proposals are due by July 8th.

[Call for proposals: Healthy People 2020 Community Innovations Project.](#)

Nonprofit, community-based organizations with budgets less than \$750,000 can apply for these funds for community-level projects that use Healthy People 2020 overarching goals, topic areas and objectives to promote improved health at a community level. The deadline is August 5, 2011.

Upcoming Events

Online Calendar. These and more upcoming events, including calls for proposals and for abstracts, are listed in a searchable calendar: <http://www.chenw.org/cgi-bin/searchevents.cgi>.

1) Is It in You? BPA and Phthalates in Food Packaging: Reducing Dietary Exposure

Thursday June 30, 2011

noon Eastern / 11:00 a.m. Central / 9:00 a.m. Pacific time

Sponsor: Healthy Food Action; Healthy Legacy; Safer Chemicals, Healthy Families

A striking new peer-reviewed study in *Environmental Health Perspectives* found that eliminating canned and other prepackaged foods from a family's diet over a three-day period and replacing foods with fresh, organic meals significantly reduced the levels of certain chemicals in the body. Concentrations of bisphenol A (BPA) in urine dropped by an average of 66%, and levels of the phthalate DEHP decreased over 50%. This webinar will explore the findings of this study and equip health professionals with information on how to reduce environmental exposures to BPA and DEHP. Is it in you? The probability of these chemicals being detected in someone is 93% for BPA and around 75% for DEHP, according to the Centers for Disease Control and Prevention. Most people have BPA and DEHP in their bodies. There is reason for concern because both are endocrine disrupters. BPA has been associated with adverse effects on the developing brain and mammary and prostate glands in laboratory studies, raising concerns about cancer and brain development in humans. DEHP, at common exposure levels, affects male reproductive development, steroid hormone levels, and sperm quality in human and laboratory studies. The public outcry over these chemicals has been steadily rising in recent years. Minnesota and several other states have passed laws to ban the use of BPA in baby bottles and sippy cups, and federal law prohibits phthalates in children's toys. However, exposures to these chemicals continues from epoxy resins containing BPA used to line food cans and plastic packaging with DEHP, as well as in many non-food-

related consumer products.

Price: free

[Visit the website](#)

Contact: HealthyFoodAction@iatp.org

2) Navigating the Science: Evaluating Research Quality

Thursday June 30, 2011

1:00 p.m. Pacific / 4:00 p.m. Eastern time

Sponsor: Collaborative on Health and the Environment

Scientific evidence on the health effects of environmental contaminants continues to mount. The range of research available is, however, of variable quality and largely unfamiliar to health care professionals. Researchers at the University of California San Francisco's Program on Reproductive Health and the Environment, along with multiple partners, have developed a methodology called the Navigation Guide that links evidence-based medicine and environmental health evaluation. As recently described in the journal *Health Affairs*, the Navigation Guide is a valuable tool to evaluate the quality of evidence and to support evidence-based decision making by clinicians, patients, professional organizations and governmental agencies for environmental chemicals. Join the CHE Fertility Working Group on this CHE Partnership call for an important discussion on the development of the Navigation Guide and its practical applications. Dr. Tracey Woodruff from UCSF will present the theoretical basis for the methodology. Dr. Jeanne Conry of ACOG District IX will explain how to use the tool to find the best available evidence to make clinical decisions and recommendations. Dr. Kristina Thayer of the National Toxicology Program will describe the contribution of this methodology to the field of risk assessment. To round out the discussion, Dr. Kate Guyton of the US EPA will discuss the relevance of the Navigation Guide to policy making human health risk assessments of environmental chemicals at US EPA.

Price: free

[Visit the website](#)

Contact: CHE, info@healthandenvironment.org

3) CHE Cafe call: "The World Gets Hot(ter)", with Mark Hertsgaard

Tuesday July 12, 2011

10:00 a.m. Pacific / 1:00 p.m. Eastern time

Sponsor: Collaborative on Health and the Environment

For twenty years, Mark Hertsgaard has investigated global warming for outlets including *The New Yorker*, NPR, *Time*, *Vanity Fair*, and *The Nation*. But the full truth did not hit home until he became a father and, soon thereafter, learned that climate change had already arrived-a century earlier than forecast-with impacts bound to worsen for decades to come. Hertsgaard's daughter Chiara, now five years old, is part of what he has dubbed "Generation Hot"-the two billion young people worldwide who will spend the rest of their lives coping with mounting climate disruption. His new book *HOT* is a father's cry against climate change, but most of the book focuses on solutions, offering a deeply reported blueprint for how all of us-as parents, communities, companies and countries-can navigate this unavoidable new era. For this call, Mark will have just returned from Africa where he was looking into some of the possible radical approaches that may be taken there to cope with climate change.

Price: free

[Visit the website](#)

Contact: CHE, info@healthandenvironment.org

4) Mercury Effects on Human Health

Wednesday July 13, 2011

8:30 a.m. - 5:00 p.m.
Seattle, Washington
at the Holiday Inn Cascade Room

Sponsor: EOS Alliance

Both organic and elemental mercury create a wide spectrum of human health concerns. Mercury spills cost public and private entities millions of dollars a year in cleanup and health care costs. This series of courses addresses concerns mercury causes by providing participants with a foundation in the science of environmental mercury and presents solutions for mitigating the impacts of this ubiquitous contaminant.

Price: \$250

[Visit the website](#)

Contact: Northwest Environmental Training Center, 425-270-3274

5) Mold and Moisture: Double Trouble for Schools

Wednesday July 20, 2011

1:00 - 2:00 p.m. Eastern time

Sponsor: US Environmental Protection Agency

Controlling moisture and mold in school buildings is essential when creating a healthy school environment. Participants will learn the myths and facts about mold, when mold testing is necessary and when it's not, and practical solutions for mold prevention and management.

Price: free

[Visit the website](#)

6) Autism and Environment: What Do We Know?

Saturday July 23, 2011

12:00 - 3:00 p.m. Eastern time

Sponsor: The Autism Society

What are the whole-body symptoms of autism? How can environmental changes make existing autism better? What do chemical exposures do to the developing brain? What are state-of-the-art treatments for autism symptoms? Four renowned autism experts discuss the rise in autism vis-a-vis environmental and chemical changes in the world and clinical steps used to treat autism now. Speakers will be Martha Herbert MD, PhD; Claudia Miller, MD, MS; Suruchi Chandra, MD; and Anju Usman, MD. These generous clinicians and researchers will share their expertise on neurodevelopment and autism on a Saturday to allow working parents and families to attend from the convenience of their own home computers.

Price: free

Contact: Donna Ferullo, 301-657-0881 x9022 or dferullo@autism-society.org

7) How To Bring About Large-scale Behavior Change

Three parts, all held on Saturdays: July 30, August 13 and September 10, 2011

10:00 a.m. - 2:00 p.m.

Seattle, Washington

at the Seattle Public Library main branch, Wright-Ketcham meeting room

Sponsor: Sustainable Seattle

One of the most confounding challenges facing the sustainability movement is how to bring about a massive shift in human behavior. This master class series explores a variety of powerful insights from cognitive science for developing successful social

change strategies. You'll learn how meaning arises in the workings of the human brain, why emotions are absolutely vital for engaging people in a process of persistent change, and what the root causes are that have driven societal institutions to the edge of ecological collapse. Participants will explore the evolutionary origins of morality and discover the psychological foundations of identity that merge values, ideology, and institutions into the powerful stories we collectively live in the modern world. Techniques will be provided to begin using this knowledge to communicate effectively, increase civic engagement, and design better structures for bringing about large-scale behavioral change. Participants can register for the entire series or individual sessions.

Price: see the website

[Visit the website](#)

News and Journal Articles

[Surprising causes of male infertility.](#)

Tuesday, June 28, 2011

On average, the typical man makes about 1,000 sperm every heartbeat. Yet a number of lifestyle choices, environmental factors and chance events can sabotage the sperm. Wall Street Journal.

[For Sen. Lautenberg, crusade to reform chemical regulations is personal.](#)

Tuesday, June 28, 2011

You might say Sen. Frank Lautenberg wants to be the grandfather of chemical regulation. Like most grandfathers, Lautenberg is particularly concerned with children's health. His eyes light up when asked about how chemicals in the environment or in day-to-day products may pose risks to children. Greenwire.

[Study: BPA makes male mice less masculine.](#)

Tuesday, June 28, 2011

Bisphenol A, a chemical used to produce baby bottles, cups and plastic packaging may cause male mice to act like females, a new study finds. The male mice also appeared to lose their ability to attract females. PBS NewsHour.

[See a related article: [Teen mice exposed to low levels of BPA behave like opposite sex as adults, study finds](#)]

[How your pillow is the perfect breeding ground for gruesome array of pests and diseases.](#)

Monday, June 27, 2011

It is not a thought conducive to a good night's sleep: Up to a third of the weight of your pillow could be made up of bugs, dead skin, dust mites and their feces. London Daily Mail, United Kingdom.

[See another article about an unhealthy environment at home: [Many dishwashers harbor dangerous fungus](#)]

[Some say fluoride fights decay, others say it's a hazard in water.](#)

Sunday, June 26, 2011

In a dramatic reversal of a public health initiative aimed at stopping tooth decay in 1951, city commissioners voted 6-0 last month to stop fluoridation. The action, which city officials say would save more than \$40,000 per year, comes as debate over fluoride's benefits versus its possible adverse effects has gained new attention. Detroit Free Press, Michigan.

[Common drugs linked to cognitive impairment and possibly to increased risk of death, study suggests.](#)

Saturday, June 25, 2011

A large, long-term study confirms that medications with anticholinergic activity, which include many drugs frequently taken by older adults, cause cognitive impairment. The research is also the first to identify a possible link between these drugs -- which include over-the-counter and prescription sleep aids and incontinence treatments -- and risk of death. ScienceDaily.

[Does life online give you 'popcorn brain'?](#)

Friday, June 24, 2011

The worry is that life online is giving us what researcher, David Levy, calls "popcorn brain" -- a brain so accustomed to the constant stimulation of electronic multitasking that we're unfit for life offline, where things pop at a much slower pace. CNN.

[Soil, groundwater near old US bases contaminated.](#)

Thursday, June 23, 2011

The soil and groundwater near bases which the US Forces Korea handed back to the Korean government in 2007 are contaminated by oil spills and hazardous heavy metals, according to a probe by the Environment Ministry. Seoul Chosun Ilbo, South Korea.

[See a related article: [No trace of agent orange At US base in South Korea](#) and another article about a contaminated site: [Anniversary of Cuyahoga fires igniting environmental movement](#)]

[Smoking in pregnancy raises child's risk of heart disease.](#)

Thursday, June 23, 2011

Women who smoke while they are pregnant lower 'good' cholesterol levels in their unborn babies, scientists warn. The researchers from the University of Sydney, found children whose mothers smoked during pregnancy had HDL levels 10 per cent lower than those whose mothers did not. London Daily Mail, United Kingdom.

[See another article about tobacco use: [New graphic cigarette warnings unveiled](#)]

[UN says nearly two-thirds of deaths caused by noncommunicable diseases like cancer, diabetes.](#)

Thursday, June 23, 2011

Nearly two-thirds of deaths in the world are caused by noncommunicable diseases such as cancer, diabetes and heart and lung disease which are rapidly increasing at a cost to the global economy of trillions of dollars, according to U.N. estimates and preliminary results of a new study. Associated Press.

[See a related article: [Life expectancy of US women slips in some regions](#) and other articles about diabetes: [Associations of polychlorinated biphenyl exposure and endogenous hormones with diabetes in post-menopausal women previously employed at a capacitor manufacturing plant](#); [Phthalate exposure associated with self-reported diabetes among Mexican women](#); [Arsenic exposure and incidence of type 2 diabetes in Southwestern American Indians](#); [Urinary phthalate levels and type 2 diabetes in women](#). [National Health and Nutrition Examination Survey \(1999-2004\)](#); [Kelly West lecturer says racial disparities in diabetes are environmental, not biologic](#); [Effect of environmental contaminants on beta cell function](#) and [Polychlorinated biphenyls and organochlorine pesticides in plasma predict development of type 2 diabetes in the elderly: The Prospective Investigation of the Vasculature in Uppsala Seniors \(PIVUS\) study](#)]

[House panel rejects move to regulate coal ash.](#)

Thursday, June 23, 2011

In a win for the coal industry, a House committee approved a bill Tuesday that would prevent federal regulation of coal ash as hazardous waste. The legislation would place coal ash in the same category as metal scrap, waste water and household garbage, and would allow states to voluntarily regulate it. Gannett News Service.

[Scientists warn that chemicals may be altering breast development.](#)

Wednesday, June 22, 2011

Exposure to chemicals early in life may alter how breast tissue develops and raise the risks of breast cancer and lactation problems later in life, scientists concluded in a report published Wednesday. Environmental Health News.

[See related articles: [Chemicals need to be tested for prenatal exposures: scientific community](#) and [Mammary development/breast cancer](#)]

[Estimating perchlorate exposure from food and tap water based on US biomonitoring and occurrence data.](#)

Wednesday, June 22, 2011

We calculate that an average 66 kg pregnant woman consuming a 90th percentile food dose could also drink the 90th percentile of community water for pregnant women containing 15µg/l perchlorate without exceeding the 0.7µg/kg/day reference dose. *Journal of Exposure Science and Environmental Epidemiology.*

[See another article about exposure measures: [Residential insecticide usage in northern California homes with young children](#)]

[EPA extends public comment on mercury and air toxics standards.](#)

Wednesday, June 22, 2011

In response to requests from members of Congress and to encourage additional public comment, EPA today extended the timeline for public input by 30 days on the proposed mercury and air toxics standards, an extension that will not alter the timeline for issuing the final standards in November 2011.

[See another article about mercury: ['Old' GM to pay \\$2.8M to settle mercury claims in 12 states](#)]

[Distracted walking: Cell phones increase injury risk for college pedestrians.](#)

Wednesday, June 22, 2011

Results revealed that cell phone conversations distracted college pedestrians considerably across all pedestrian safety variables measured, with just one exception. Attention to traffic was not affected by the naturalistic phone conversation in Experiment 1, but was altered by the cognitively-demanding content of some types of conversation in Experiment 2. *Journal of Safety Research.*

[How many US deaths are caused by poverty and other social factors? About the same as deaths from heart attacks and stroke, study finds.](#)

Tuesday, June 21, 2011

The research team estimated the number of US deaths attributable to social factors using a systematic review of the available literature combined with vital statistics data. *ScienceDaily.*

See other articles about social environments and health: [Money can't buy happiness: individualism a stronger predictor of well-being than wealth, says new study](#); [Parental stress ups kids' risk for pollution-related lung damage: Keck School of Medicine study in the American Journal of Respiratory and Critical Care Medicine](#) and [Effects of stress can be inherited, and here's how](#)]

[Couch potatoes: Where the risks lie.](#)

Monday, June 20, 2011

Several new studies finger television viewing as a potentially unhealthy pastime. Hardly sounds surprising, right? But what makes the recent spate of analyses different, researchers argue, is that they're finally homing in on consistent estimates of the magnitude of risks -- and hints at what underlies them. *Science News.*

[The claim: A sunscreen chemical can have toxic side effects.](#)

Monday, June 20, 2011

Sunscreen is supposed to protect skin. But some people suspect that a chemical in sunscreen called oxybenzone, absorbed through the skin, may be even more hazardous than the sun's rays. *New York Times.*

[See another article about hazards in consumer products: [Dozens of personal care products mislabeled as 'organic,' lawsuit says](#)]

[Climate change: putting children in harm's way.](#)

Monday, June 20, 2011

The severe weather has exposed thousands of children to potentially dangerous situations. Sometimes just going to school puts them in harm's way. *Inter Press Service.*

[See other articles about climate change: [Conflict of interest claimed for IPCC energy report](#); [No. Hampton allergist says climate change increasing allergic reactions](#) and [Gender indicators for global climate funds still an afterthought](#)]

[Revitalization of urban waterways is focus of new federal partnership.](#)

Friday, June 24, 2011

Eleven federal agencies have come together under a new federal partnership focused on revitalizing urban waterways in under-served communities across the country. Water World.

[See another article about water protection: [Update on waters of the US draft guidance](#)]

[Developing a bidirectional academic-community partnership with an Appalachian American community for environmental health research and risk communication.](#)

Monday, June 20, 2011

Community-based participatory research principles were a useful framework in building a strong academic-community partnership. Environmental Health Perspectives.

[Arsenic toxicology: translating between experimental models and human pathology.](#)

Monday, June 20, 2011

Translation to human populations requires more extensive profiling of human samples along with high quality dosimetry. Anchoring results by gene expression and epigenetic profiling has great promise for data unification. Environmental Health Perspectives.

[Openness in participation, assessment, and policy making upon issues of environment and environmental health: a review of literature and recent project results.](#)

Monday, June 20, 2011

A solid conceptual understanding of the interrelations between participation, assessment, and policy making is necessary in order to design and implement effective participatory practices. Environmental Health.

[Toxic flame retardants -- new data, more warnings, take action.](#)

Thursday, June 16, 2011

The thirty scientific papers presented in Boston last week suggest we are fools to wait another 30 years to take action in the face of mounting evidence of hazard from this highly toxic class of chemicals. Healthy Building News.

[See a related article: [Flame retardants in furniture foam: benefits and risks](#)]

[Short-term and long-term health risks of nuclear-power-plant accidents.](#)

Thursday, June 16, 2011

The purpose of this review is to put the emergency at the Japanese power plant, even as it is evolving, into the context of the extensive literature on nuclear-reactor accidents by analyzing the mechanisms and major short-term and long-term health risks of radiation exposure. New England Journal of Medicine.

See other articles about radiation hazards: [GAO: Leaks at aging nuke sites difficult to detect](#); [Fixing America's nuclear waste storage problem](#); [Fukushima meltdown mitigation aims to prevent radioactive flood](#); ['Safety myth' left Japan ripe for nuclear crisis](#); [Populations around US nuke plants soar](#); [Radioactive waste stored in Dallas and across the US at center of dump controversy](#) and [EPA halted extra testing for radiation from Japan weeks ago](#)]

[Weighing cancer risks, from cellphones to coffee.](#)

Thursday, June 16, 2011

You're sitting in a freshly drywalled house, drinking coffee from a plastic foam cup and talking on a cellphone. Which of these is most likely to be a cancer risk? It might be the sitting, especially if you do that a lot. Associated Press.

[See other articles about cancer risk: [Bisphenol A increases mammary cancer risk in two distinct mouse models of breast cancer](#); [Cancer-death gap widens](#); [US cancer death rates continue drop](#); [Mobile phones and head tumours. The discrepancies in cause-effect relationships in the epidemiological studies -- how do they arise?](#); [Trouble with cell phone radiation standard](#); [Smokers face greater risk of prostate cancer death](#); [Carcinogenicity of radiofrequency electromagnetic fields](#); [Driving may contribute to deadliest skin cancer](#) and [Sunbed use linked to melanomas, study finds](#)]

'Fracking' for natural gas continues to raise health concerns.

Thursday, June 16, 2011

Energy companies are increasingly scouring the US for natural gas deposits. As they do, one of the extraction methods they are using, known as fracking, is coming under sharp scrutiny for potential health consequences from the chemicals involved. PBS NewsHour.

[See related articles: [Air quality concerns threaten natural gas's image](#) and [EPA identifies case studies for hydraulic fracturing study](#)]

Childhood diseases return as parents refuse vaccines.

Thursday, June 16, 2011

For doctors and nurses caring for patients, the return of vaccine-preventable diseases such as measles -- a viral illness that once killed 3,000 to 5,000 Americans a year -- is both frightening and all too predictable. USA Today.

Top 5 ways to reduce toxins in homes.

Thursday, June 16, 2011

Canadian health and environmental experts have issued a list today of the best ways to reduce five common sources of toxins associated with child health risks. Health News Daily.

[See another article about reducing exposures in daily life: [Growing green kids](#)]

Olive oil linked to huge decline in stroke risk.

Wednesday, June 15, 2011

The study -- published in the June 11 issue of the journal Neurology - suggests that the olive oil has a "protective role" against stroke - at least in older people. CBS News.

[See other articles about diet and nutrition: [LA Unified removes flavored milk from menu](#); [High carbohydrate diet tied to cancer](#); [House moves to bar genetically modified salmon](#); [Mom's pregnancy diet linked to DNA changes, child's obesity](#); [Fat substitutes linked to weight gain: rats on high-fat diet gained more weight after eating low-calorie potato chips made with fat substitutes](#); [Coffee component combined with caffeine counters Alzheimer's, improves memory in animal study](#); [B vitamins in pregnancy not tied to baby's asthma](#); [Potatoes bad, nuts good for staying slim, Harvard study finds](#); [The risk of child and adolescent overweight is related to types of food consumed](#); [Food: The omnivore's labyrinth](#); [Scientists reject human trials of GM wheat](#); [Calcium plus vitamin D may reduce melanoma risks in some women, study finds](#); [Vitamin D supplements found to be safe for healthy pregnant women](#) and [Perinatal undernutrition affects the methylation and expression of the leptin gene in adults: implication for the understanding of metabolic syndrome](#)]

F.D.A. unveils new rules about sunscreen claims.

Wednesday, June 15, 2011

After 33 years of consideration, the Food and Drug Administration took steps on Tuesday to sort out the confusing world of sunscreens, with new rules that specify which lotions provide the best protection against the sun and ending claims that they are truly waterproof. New York Times.

[See a related article: [Full exposure: how will FDA's sunscreen regulations help prevent skin cancer?](#)]

Prenatal pesticide exposure tied to birth size.

Wednesday, June 15, 2011

Exposure to even moderate amounts of certain pesticides during pregnancy may affect infants' birth size, a new study suggests. Reuters.

[See other articles about pesticides: [Govt urged to review pesticide laws](#); [California's new pesticide plan sparks protest](#); [Pesticides could cause Parkinson's 'by stopping brain protein from cleaning up toxic molecules'](#)]

China downplays risk to children from lead poisoning: report.

Wednesday, June 15, 2011

Chinese children suffering lead poisoning from polluting smelters and factories have been

denied testing, effective treatment and even basic information by officials who downplayed health threats, a human rights advocacy group said on Wednesday. Reuters. *[See other articles and announcements about lead: [EPA: Lead levels too high in Pilsen air](#); [EPA urges caution on tornado renovation activities involving lead paint](#) and [State to test kids for high lead](#)]*

House panel votes to scrap anti-toxic air program.

Wednesday, June 15, 2011

A North Carolina House committee voted in a late-session surprise Tuesday to gut a state program intended to protect the public from toxic air pollution, a move urged by Duke Energy and other large industries. Charlotte Observer, North Carolina.

[See other articles about air quality: [Traffic-related air pollution and acute changes in heart rate variability and respiratory function in urban cyclists](#); [Bangalore breathing in toxic metals: Study](#); [China gasps in pursuit of electricity](#); [Debate swirls around research showing lung problems for returned troops](#); [Feds launch action plan to protect people and families from radon](#); [Five area casinos fail air quality test, health groups say](#); [EPA appears firm on limiting air toxics at coal power plants](#); [EPA announces timeline for reconsideration of air toxics standards for boilers and certain incinerators](#); [Smoke from wildfires in Southwest may be health hazard](#); [Asian air pollution not limited to urban areas](#); [California air board expands clean-fuel shipping zone](#); [Peat bog wildfire smoke exposure in rural North Carolina is associated with cardio-pulmonary emergency department visits assessed through syndromic surveillance](#); [Campaigners reveal schools whose children are at risk of asthma](#) and [EPA, Coast Guard announce agreement to enforce air pollution requirements for vessels operating in US waters](#)]

The Collaborative on Health and the Environment offers this information as a service but does not endorse any of the events, articles or announcements.

Companion bulletins are available for different audiences:

- For those interested in general children's environmental health: http://www.healthandenvironment.org/working_groups/childrens_health/bulletins
- For those interested in environmental health and learning and developmental disabilities: <http://www.iceh.org/LDDIbulletins.html>

While there is overlap with this bulletin, there are some events and announcements unique to those bulletins.

If you would like to join the Collaborative on Health and the Environment (CHE) and the Washington State Regional Group, please complete the application on the CHE website: <http://www.healthandenvironment.org/application> Joining CHE means receiving up to four email messages a month from the CHE National listserv. CHE costs nothing to join and the benefit is shared information and opportunities for further engagement, if you choose. Be sure to mark that you want to join the Washington State regional group at the bottom of the application.

Nancy Hepp
Collaborative on Health and the Environment

[Join Our Mailing List!](#)